

Physical Education Lesson Plans
10/19-10/23

Students are now wearing heart rates during the PE class so their heart rate can be monitored during their workouts. Look for a copy of their heart rate print out to come home very soon.

Monday (Team 2)

The students will receive a study guide over softball. Their test will be on Wed. The students will then continue playing a game of softball in class.

Tuesday (Team 1) & Wednesday (Team 2)

The students will take a test of softball. They will also turn in their activity log they have been filling out since last week. After the test, we will continue with our game of softball.

Fall Break- No class Thurs., Fri, or Monday. Team one will have PE on the Tuesday when we return from break.